







services, in-patient care (including obstetrics, pediatrics and palliative care), surgical services, laboratory services, diagnostic imaging, and respiratory therapy.

Nunavut's primary health care providers are predominantly family physicians and community health nurses. The Department recruits and hires its own nurses and physicians. Specialist services are accessed primarily from the Territory's main referral centres in Ottawa, Winnipeg, Yellowknife and Edmonton.

More than one third of the Department's total operational budget is spent on costs associated with medical travel (**\$82.5 M**) and physician and hospital services (**\$67.5M**) outside the territory. Due to the Territory's very low population density and limited health infrastructure (i.e., diagnostic equipment and health human resources) access to a range of hospital and specialist services often requires residents to travel outside the Territory. The two regional health facilities (Rankin Inlet and Cambridge Bay) as well as the Qikiqtani General Hospital are enabling Nunavut to build internal capacity and enhance the range of services that can be provided within the Territory.

### **Nunavut Health Insurance Plan**

The Act governs who is covered by Nunavut's Health Insurance Plan and the payment of benefits for insured medical services. The Nunavut Health Insurance Plan is administered by the Department on a non-profit basis. Insured hospital services are provided in Nunavut under separate legislative authority - the *Hospital Insurance and Health and Social Services Administration Act*.

### **Users**

As of March 31, 2018, there were **39,293** individuals registered under Nunavut's Health Insurance Plan, which is an increase of **631** from the previous year.

### **Insured Physician Services**

The Act, Section 3(1), and Medical Care Regulations, Section 3, provide for insured physician services in Nunavut. The term "insured physician services" refers to all services rendered by medical practitioners that are medically required, and are included in the Nunavut Health Insurance Plan's fee schedule of insured benefits which can be found in the Medical Care Regulations. Where the insured service is unavailable in Nunavut, patients are referred to another jurisdiction to obtain the insured service. No new services were added or deleted to the listing of insured services in 2017/2018. The



*Nursing Act* allows for licensure of nurse practitioners in Nunavut; this permits nurse practitioners to deliver insured physician services in Nunavut.

Physicians must be licensed to practice in Nunavut. The Department's Professional Practice Division, located in Kugluktuk, administers the registration and licensing process for Nunavut physicians through a Medical Registration Committee.

The following is a comprehensive list of insured categories as per Nunavut's Medical Care Regulations. Services provided under these categories are considered insured if the medically required diagnosis and/or treatment is provided in- territory or out of territory.

- Anesthesiology
- Cardio-Thoracic and Vascular Surgery
- Dermatology
- General Practitioner
- Gynecology
- General Surgery
- Internal Medicine
- Neurology
- Obstetrics
- Ophthalmology
- Otolaryngology
- Orthopedics
- Pediatrics
- Plastic Surgery (not cosmetic)
- Psychiatry
- Radiology
- Urology

Visiting specialists, general practitioners and locums, through arrangements made by each of the Department's three regions and Qikiqtani General Hospital, also provide insured physician services in territory.

The following in-territory specialist services were provided under the visiting specialists program: ophthalmology, orthopedics, internal medicine, otolaryngology, neurology, rheumatology, dermatology, pediatrics, obstetrics, psychiatry, oral surgery, and allergy. Visiting specialist clinics were held depending on referrals by Nunavut physicians and availability of specialists.

### **Uninsured Physician Services**

Only services prescribed by, and rendered in accordance with, the Act and regulations, and the *Hospital Insurance and Health and Social Services Administration Act* and regulations, are insured.

