

## TRANSLATION

March 9/2020

Minister of Health, Hon. Patty Hajdu, MP

Premier of Nunavut, Hon Joe Savikataaq, MLA

Tununiq MLA, David Qamaniq, MLA

I am writing this letter to the Premier of Nunavut and Canada's Health Minister. I want the Member of the Legislative Assembly for Tununiq, David Qamaniq, to table my letter in the House and make use of it. Please raise this issue with the Premier of Nunavut from a health perspective. I am just a member of the public, a voter. I am also an elected person in Pond Inlet. I am recognized as a Nunavut Land Claims beneficiary and fully recognized by beneficiaries only. I believe that they should be cared for more.

I present to you, Member for Tununiq, David Qamaniq and to you, Premier of Nunavut, Joe Savikataaq, these issues for your consideration.

Dogs weren't allowed to eat cooked meat as their bones might become brittle and more susceptible to breakage. All the children living in separate communities were taught the same morals and values by being given advice and they were required to do things that had to be done. Nowadays we shop for things we like and buy food that we like from the stores. Maybe that is what is causing illness. I am writing to you because I think you, as legislators, should consider this seriously. I am not a health care professional by any means. I am just telling you what I know. I hear that you are more susceptible to illness if your blood is thin. As a child I heard this back when all children were breastfed. When a mother's milk was drying up, she would be told to drink seal meat broth because this makes strong families. This knowledge has really been used. Through Inuit Qaujimajatuqangit, we know that seal meat broth is very nutritional. I am not trying to teach Inuit Qaujimajatuqanginnik or trying to implement it, I am writing from what I have heard and seen.

The store bought food that people eat today really weakens blood. Some people go to the health centre on a daily basis and very many people go out on medivacs. Please do something about this quickly. I think a policy should be implemented. If a pregnant woman's blood is thin, the fetus's blood will be thin from the start. Pre-natal care workers are to blame.

If a dog eats cooked food it becomes very fragile. Similarly if a person eats more sweet food, this destroys them. I have many friends who have diabetes and they cannot be cured with medicine. The only thing that can help them is their diet. When they start eating food with blood, that improves their blood.

You must become good health advocates, MLA David Qamaniq, Premier of Nu navut Savikataaq and the Minister of Health for Canada. If you get people to eat more seal meat, this would bring about a big change. With so many people eating what they want, it is breaking down society. People are not taught what to eat. Your pre-natal workers neglect to acquire this knowledge. They do not ask for advice from wise people when people are receiving income assistance from the Hamlet. People who buy food from the stores are buying food that will be consumed by those who are pregnant, and some of that food is not good for them.

I had a mother named Ataguttak and she only ate good-tasting food from the store. Her legs had to be amputated below the knee. We went through a very difficult time although we managed and did not hesitate to help her. She was very dear to us as she was our mother.

It is entirely possible to be healthy through one's diet. If a person's blood is strong there will be less illness. I am writing this early in the morning. Later, when I go to the store, I will see people buying pop by the case.

You know me very well. If you have any questions my phone number is (867) 899-8551, fax number (867) 899-8111.

From,

**ORIGINAL SIGNED BY**

Charlie Innuaraq